

march



✧ towards good people,
good habits, and
good experiences. ✧



and away from
negative environments
and thinking traps.

chibir

MARCH 25-29

SPRING BREAK – DISTRICT CLOSED



MARCH 13

ONE HOUR EARLY DISMISSAL

Black History Month



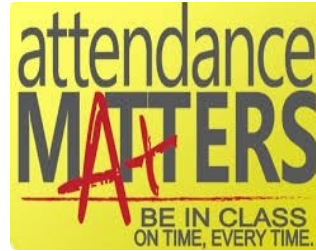
Attendance

Our mission in District 118 is to promote school success and nurture lifelong learners. We hope to see all our students attend daily.

Parent or Guardian please call 217-444-3404

School hours are 9:00 AM to 3:45 PM for our students

Your cooperation is appreciated.



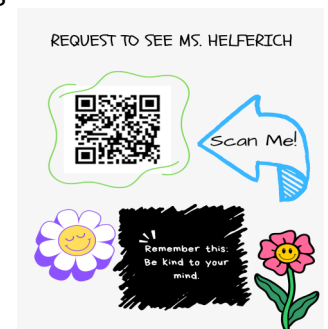
School Counselor's Corner

The North Ridge Guidance Counselors are here for your students. Our primary goal is for all students to have a safe and prosperous school year. We help with academic support such as organization and grades, but we can also support your student with social/emotional needs and mental health such as anxiety, depression, bullying, communication, friendships, and problems at home. We also work with families and teachers to create or maintain a 504 plan when necessary. If you have any questions regarding your student's needs, please reach out to one of us.

Mr. Ferber - 217-444-3421 or ferbert@danville118.org

Ms. Helferich -217-444-3418 or helferichc@danville118.org

We look forward to connecting with the students and helping them to have a successful year at North Ridge. Let us know how we can make your student's time at North Ridge



Home Interventionists are liaisons to building administrators, teachers, and community service agencies. The Home Interventionists also conduct several activities such as behavioral interventions, small groups, mediations, monitoring attendance, student support, and connecting families to needed resources. Be sure to check out the Family Resource Center on District 118 website (www.danville118.org) under the Students & Parents tab.

Ms. Jo'Brea Mason 217-444-3482 masonj@danville118.org

Mr. Chris Hightower 217-444-3474 hightowerc@danville118.org



Brittany Gerling 217-444-3431 GerlingB@danville118.org

Jason Smith 217-444-3433 SmithJ1@danville118.org

ERIN'S LAW SAFETY LESSON

Who to Talk to



MOM



DAD



TEACHER

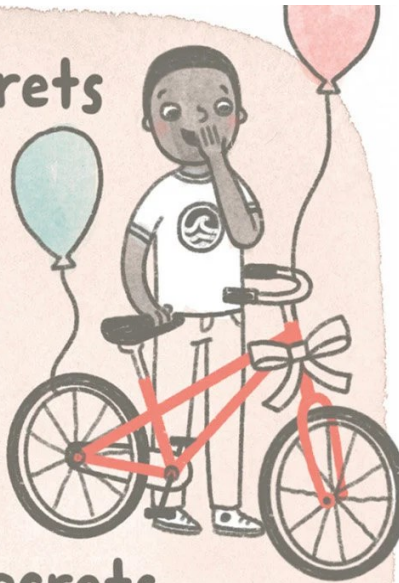
- You will NEVER be in trouble.
- It is NOT your fault.
- What is happening to you is WRONG.

The state of Illinois is focusing on the safety of its public-school students through the vision of Erin's Law. The mission of Erin's law is to get education in all 50 states on the prevention of sexual abuse by empowering children with their voice instead of allowing sex offenders to silence them. Below you will find information on how Danville District No. 118 is participating in this statewide initiative to keep students safe.

North Ridge Middle School will soon begin showing *Coping with Dating Violence and Abuse* to all 7th and 8th Graders. If you **DO NOT** wish for your child to participate in this program, please call the School Social Worker, Ms. Carey at (217) 444-3495 by **Friday, March 15, 2024**. If a phone call is not received by the date above, all students **will participate** in the showing of *Coping with Dating Violence and Abuse* on **Monday, March 18, 24**

Safe Secrets

- Grandma's surprise birthday party
- the bicycle your brother is getting as a present
- the flowers Daddy got for Mommy



Unsafe Secrets

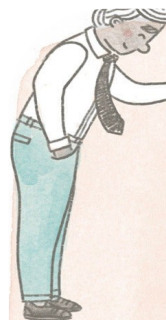


- someone touching your private parts
- a friend being bullied on the school bus
- your friend telling you that her stepdad takes pictures of her naked

Questions please

contact our School Social Worker, Ms. Carey at (217) 444-3495.

Safe Touch



- giving your parent a hug
- giving your teacher a high five
- hugging a friend at school who feels sad

Unsafe Touch

- someone putting their hands down your pants or up your shirt
- classmate kicking you at recess
- brother pulling your hair
- any body part covered by your swimsuit is off limits!





North Ridge Track & Field

Practices will begin end of February/beginning of March

Athletes must be registered to begin practicing as well as have a current Sports Physical.

To get registered Visit: <https://schools.snap.app/northridge>

QR Code to Sign
up for Track



Our 2024 Track coaching staff

Boys' Head Coach – Phillip Bryant

Boys' Asst – Demetrius Wade

Boys' Asst – Adam Weidner

Girls' Head Coach – Rokeisha Wells

Girls' Asst – Mallory Franey

Girls' Asst – OPEN

NRMS Track & Field				
DATE	DAY	H/A	SCHOOL	TIME
4/4/24	THUR	A	Mahomet	4:30
4/8/24	MON	H	NR Invite	4:30
4/9/24	TUES	A	Bismarck	4:00
4/18/24	THUR	A	Rantoul	4:00
4/20/24	SAT	A	Kankakee	10:00 AM
4/22/24	MON	H	NR Invite	4:30
5/4/24	SAT	A	Unity	TBD
5/10/24	FRI/ SAT	A	Sectionals	TBD
5/17/24	FRI/ SAT	A	STATE	TBD





Facts about Flag Football

Flag football is a non-contact version of American football.

The game was first played in military bases during World War II

Flag football can be played on a variety of surfaces, including grass, turf, and even indoors

Each team typically consists of 5 to 7 players.

The quarterback plays a crucial role in flag football.

Flag football emphasizes agility, speed, and strategic thinking.

Flag football encourages teamwork and communication.

There are various formats of flag football, including 5-on-5, 7-on-7, and even 9-on-9.

#GORUNNERS



8TH GRADE NIGHT



MADYSEN
RYBACK



KEALEE
ALYEA



KALI
BACYS



VALYNN
BLUE



AMIRA
DOWNING



KELSEY
MOYNIHAN



GABRYELA
MOORE



AMAYA
OWEN



AUBREE
BURCHFIELD



CHLOE
LAMB



AVA
FOSTER



KYLIE
LAMB



KATIE
LONG



SERENITY
MARTIN

The North Ridge

Redcoats





The North Ridge Annual Spaghetti Dinner will be held on March 22nd. We are looking for volunteers to donate baskets and items for the auction as well as help with the event.

Please contact Ivana Page (pagei@danville118.org) or Christina Helferich (helferichc@danville118.org).

Mini Redcoats camp

The North Ridge Redcoats are set to host a camp for students in grades 1-5.

The Mini-Redcoats camp will be held on

Wednesday, March 20, 2024

5:00-6:30pm in the North Ridge Cafetorium.

The camp will culminate in a performance by the campers on March 22 in the North Ridge Cafetorium at our annual Spaghetti Dinner.

Reach out to Mrs. Page (pagei@danville118.org) if you have any questions.



Theatre Club

The second semester play, "Alienated"

Performance: May 3rd

Seventeen-year old Cammie gathers 24 members of her high school senior class at school one evening to solve the mystery of a bright light that appears on this precise day once every six years. Cammie's uncle always believed that one of these students is an alien and that the light is a form of communication. Knowing the beacon will shine in just a few minutes, Cammie is bound and determined to identify the alien among them. Could it be the diva? The jock? The slacker? The clumsy band geek? As they all point fingers at one another, it seems each is both the accuser and the accused. No doubt, everyone has something weird to hide. Are these strange and unique characteristics truly alien or just part of being a teenager? The surprise ending will leave you with goosebumps in this delightful, well-written character piece.

Breakfast Changes

When entering the cafeteria, you will be directed straight to the food line. Once you have your food an adult will seat you according to the arrival of the busses.

If you choose not to eat breakfast you will need to go directly to the gym.

When you are dismissed by an adult, make sure you throw away all your trash before leaving the cafeteria.



Date: April 19th, 2024
Time: 6:00 - 8:00
Where: NR Cafetorium

SCHOLASTIC BOWL

February 15 - Practice

February 27 - Match at Rantoul Eater - 4 pm

February 20 - Practice

March 5 - Match at Bismarck Junior High - 4:30 pm

February 22 - Practice

March 7 - Match at NRMS versus Oakwood Junior High - 4:15 pm

February 29 - Practice

March 19 - Match at Next Generation School in Champaign - 4:00 pm

March 14 - Practice

April 2 - Match at Westville Junior High - 4:00 pm

April 4 - Practice

April 16 - Practice

NO PRACTICE APRIL 9 OR 11 DUE TO PARENT TEACHER CONFERENCES

April 24 (Wednesday) - Regional Tournament - Time and location to be determined

STUDENT COUNCIL

SPEAK OUT BE HEARD MAKE A CHANGE
WE MUST BECOME THE CHANGE WE WANT TO SEE

Hello March!

Student council will have a busy month.



PENNIES FOR THE PANTRY

BRING YOUR PENNIES TO SCHOOL

FEBRUARY 12 - MARCH 15

HELP YOUR SCHOOL
WIN

**250,000
PENNIES**



GOAL

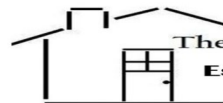


The Dwelling Place partners with every school district in the county providing through its Essentially Basic Hygiene Pantry personal care products such as body wash, shampoo, toothpaste & toothbrushes, deodorant, and feminine products for students in need. The pantry also provides free hygiene and household care products monthly to the homeless, those near homelessness, and those throughout our county who struggle to meet the needs of everyday living.

Please help us reach our county goal. It only makes CENTS!

Jenna Wirth Ins. Agency, Inc.
217-442-4698

 State Farm |  ROCKET Professional



The Dwelling Place
Of Vermilion County
**Essentially Basic
Hygiene Pantry**

PROJECT SUCCESS / 21ST CENTURY COMMUNITY LEARNING CENTER

8:00 - 8:30 AM M-TH AM AM/PM HOMEWORK HELP

3:45-4:10 PM M-TH SEL/DINNER

4:10-4:45 PM, M-TH AM/PM HOMEWORK HELP

4:45-5:45 PM M-TH ACTIVITIES/CLUB

March

2024

North Ridge



Monday	Tuesday	Wednesday	Thursday
4	5	6	7
AM/PM HOMEWORK HELP SURVIVOR RESOURCE	AM/PM HOMEWORK HELP ART CLUB - DIAMOND ART	AM PROGRAM ONLY EARLY DISMISSAL	AM/PM HOMEWORK HELP COOKING CLUB - NACHOS
11	12	13	14
AM/PM HOMEWORK HELP SURVIVOR RESOURCE	AM/PM HOMEWORK HELP SPANISH CLUB - DUO LINGO	AM PROGRAM ONLY EARLY DISMISSAL	AM/PM HOMEWORK HELP OUTDOOR FITNESS - PICKLE BALL
18	19	20	21
AM/PM HOMEWORK HELP SURVIVORS RESOURCE	AM/PM HOMEWORK HELP ART CLUB - WATERCOLOR FLOWERS	NO PROGRAM EARLY DISMISSAL PARENT TEACHER CONF.	NO PROGRAM EARLY DISMISSAL PARENT TEACHER CONF.
25	26	27	28
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK

• Trivia Night •

Hosted By National Honors Society

"Student Created, Student Led"

• Where?

Danville High School Gymnasium

When?



March 8th at 7:00pm.



• How Much?

\$50 per team with up to 10

members per team

Sign Up!!

PRIZE GIFT
BASKET!!



If you have any questions email
Mr. Riopell at riopells@danville118.org





Danville School District 118 &

SIHF HEALTHCARE

partner to offer healthcare
services for all district students,
teachers, and staff.

LOCATION: Danville High School
202 E. Fairchild Street
Danville, IL 61832

HOURS: Monday — Friday
7 a.m. — 4 p.m.

SERVICES: School & Sports Physicals
Immunizations/Vaccines
Cold, Cough, or Sore Throat
Earache
COVID/Flu Testing
Behavioral Health
Preventive Care

*Appointments preferred,
but not required.*

217.920.0168

Meet your School-Based Health Center Provider: Ken'Niesha Hoskins, NP

Ken'Niesha is a board-certified nurse practitioner. She earned her master's degree from Purdue Global University. Ken'Niesha is the provider for SIHF Healthcare at the Danville School-Based Health Center.

"I believe I am God's redeemed anointed disciple that's called to provide relentless love and faith to my community. With relentless faith, barriers can be broken in every aspect of my patient's life. Relentless love is showing consistent compassion despite my patient's background or economic status. I believe that there's a Big God that can accomplish Big Dreams. My ultimate goal is to build lifelong relationships with my community to increase health care outcomes."





State of Illinois
Illinois Department of Public Health

COVID-19

Know the Difference

Is it a COLD or FLU or COVID-19?

Signs and Symptoms	COLD	FLU	COVID-19
Symptom onset	Gradual	2 days	2-14 days
Body Aches	Slight	Common	Common
Cough	Common	Common	Common
Diarrhea	Rare	Sometimes	Sometimes
Fatigue/Weakness	Sometimes	Common	Common
Fever/Chills/Shaking	Rare	Common	Common
Loss of Taste or Smell	Never	Never	Sometimes
Shortness of breath or Difficulty Breathing	Rare	Common	Common
Stuffy nose	Common	Common	Rare
Sneezing	Common	Sometimes	Rare
Sore throat	Common	Common	Common
Headache	Rare	Common	Common

The North Ridge Builders Club has been busy with our second semester of school and community service projects.



In February, we made Valentines for Veterans. The valentines were delivered to the veterans at our local VA Illiana Health Care System. We would like to thank all our club members who helped make the beautiful valentines! We'd also like to thank our club members who were able to volunteer at the concession stand during volleyball season. We will receive part of the concessions profit.

March is testing month, so we will be counting and delivering peppermints to the teachers to distribute to the students during testing. We will also start planning for Earth Day activities in April and Teacher Appreciation Week in May.

We are still collecting General Mills Box Tops for Education through their app. Please add the app to your phone and start scanning your receipts. Contact Mrs. Delzell if you need information about how to use the app or if you need a list of eligible Box Top products. Money collected from the General Mills Box Tops for Education Program is used to help fund our school and community projects.

The Builders Club continues to oversee the NRMS paper recycling program.

Our next meetings are:

Wednesday, March 6, 2024, at 8:15 A.M.

Wednesday, March 20, 2024, at 8:15 A.M.

Wednesday, April 3, 2024, at 8:15 A.M.

Wednesday, April 17, 2024, at 8:15 A.M.

*If you have questions, all club information and news is posted in our Builders Club Google Classroom. You may also contact Mrs. Delzell and/or Mrs. Leemon-Crabtree at North Ridge.

We are still recruiting new members, especially 7th graders for next year. Please contact us if your child is interested in joining the Builders Club. As always, thank you for your support!

PARENT/GUARDIAN

NOTICE

PHOTO ID REQUIRED



- **Please bring in your photo ID when entering the building.**



**ABSENT, TARDY
OR
EARLY DISMISSAL?**

- **Please call in the morning to inform us of an absence, dismissal, or if tardy.**

- **We need proof of new address.**
- **Bus changes take a minimum of 5 days to complete.**



- **Fast food will not be allowed to be delivered to students.**

Nurse's Notes

If your child has any special health needs or problems, this should be communicated to me. This information is kept confidential, and it can be very important to a successful experience in school.

Examples of such needs are:

1. Food Allergy
2. Bee sting allergy
3. Allergy to any other substance
4. Difficulty with vision, hearing or speech
5. Need for medication during the school day
6. Need for special aids such as crutches, walkers, or wheelchairs, either on a temporary or permanent basis.

**Gabi Ingold, RN 217-444-3408
or email**

ingoldg@danville118.org

**Also, it is not too early to get
your 8th graders scheduled for
their freshman physical.**

8th grade trip



The 8th grade class trip to Malibu Jacks was recently approved through board. The 8th grade students will receive letters today/tomorrow during their math classes and the criteria for attending the trip will begin Monday. In addition to sending the letter home with kids, we are also going to email it to all of their parents today or tomorrow through teacherease. Please begin having conversations with students regularly about their behavior, attendance, and grades as the trip always serves as a positive incentive to keep it together for these last 3 months of the school year. You will receive a few copies of the letter in your mailbox today or tomorrow morning so that you have some extra copies in case a student loses one. Over the next few months if you receive a permission slip or money during 1st hour you are welcome to collect it from them and bring it to me at a time that is best for your schedule OR you can send the students to me to turn them in. I will be creating a google sheet like last year to keep track of who has and has not turned in their forms/payment so that teachers can help check that information for kids. You can also send students to Dawn Brock to submit permission slips/payment.

The requirements are as follows:

1. **Student must be passing 8th grade.** (This means they must have a passing average in all classes at the time of the trip)
2. **Students cannot have any suspensions or expulsions beginning March 11, 2024.** (This includes bus suspensions.)
3. **Students may not have multiple referrals or assignments (for any number of class periods) in the Reflection Room beginning March 11, 2024.**
4. **Students may not have multiple unexcused absences beginning March 11, 2024.** (make sure you report any absences within 48 hours in order to have them excused)

*All discipline and attendance decisions will be made by the principal.

This permission slip and payment are **DUE BY FRIDAY, APRIL 26TH**.

NO REFUNDS WILL BE GIVEN AFTER 5/3 FOR ANY REASON.

WHEN: Friday, May 24, 2024

WHERE: Malibu Jack's, Lafayette, IN

WHAT: Malibu Jack's Indoor Theme Park is a massive, all-indoor space filled with fun for people of all ages. Students can bowl, ride go karts, play miniature golf, laser tag, arcade games, and more.

COST: \$45.00 (covers bowling, unlimited rides, \$10 arcade, lunch, and a shirt)



Alyssa Marie Buck

September 18, 2010 ~ February 14, 2024

